

Welcome to
Wana Spa



A haven of professional high class treatments to purify your body, relax your mind and uplift your spirit. Be pampered with the magical fragrance of Thai herbs combined with the soft touch of soothing hands while gentle music provides a feast for your senses, Enjoy and indulge in a luxurious environment on the island.

Enjoy Wana Spa with a loved one, relax together and share experiences that will surely be one of the highlights of your holiday on Phi Phi Island.

We would be happy to recommend a treatment or package that best suits your needs.

Wana Spa Enquiry

When should I arrive?

Please arrive 15 minutes prior to your scheduled appointment time. Arriving late will decrease your treatment time. If you arrive more than 15 minutes late for any appointment, we recommend that you should reschedule your appointment.

What should I wear at the Spa?

Your privacy and modesty shall be respected at all times during your treatment and while most spa treatments are best experienced without any clothing, your comfort factor is more important. If you are not comfortable wearing the disposable underwear that is provided, we recommend you wear a bathing suit for your spa experience.

What should I do about to my personal physical condition?

Please notify our Spa Manager or Receptionist before your reserved treatment if you have any special health or physical restrictions.

May I request for A Male or Female therapist?

Whether you choose people of the same or opposite sex, our therapists are trained to cover the body with a towel to ensure your comfort and privacy at all times.

What should a male prepare before a treatment?

Men are requested to wear a bathing suit for all body treatments. We also highly recommend that you shave before having a facial treatment. Facial hair does not affect facial treatment but it is more comfortable for you if you are cleanly shaven.

Cancellation Policy

If at any time before your appointment you would like to reschedule or cancel your booking, we request a minimum of two hours notice. If your cancellation is less than two hours prior to your appointment time, a 50% charge will be applicable. For all no shows, a 100% charge will apply.

Prices are subject to 10% service charge and applicable 7% government tax. Reservations are required.

Wana Spa Operation hours between 9:00-21:00 hrs. For further information, please contact the Spa reception desk directly or dial 8921 or 8922.

Wana Spa Signature Therapies

Wana Signature Massage • 55/ 85 mins

THB 1,800/ 2,400

This is a our Signature massage that is “A Must”

A synergy blend of therapeutic healing techniques East meet west that assures tension release, circulation enhancement and overall wellness by working on specific pressure points combined with soothing and relaxing.

Wana Retreat Massage • 85/ 110 mins

THB 2,400/ 2,650

This is Wana Spa 's advanced “ Signature Massage “ ending with a Thai herbal compress. It will melt away accumulated stress, restore balance and vitality to the body,mind and spirit and lead you to a renewed level of relaxation.

Sense of Thai Therapies

Spa and Massage services offered in our Sala and Spa House will take your mind and spirit beyond relaxation under the caring guidance of our team of healing professionals.

1. Traditional Thai Massage at “Sala house” **THB 950/ 1,350**
(09.00-16.00 hrs.) • 55/ 85 min

Leave Thailand with a lasting impression of a massage that places you in a state of sublime relaxation. Offering physical and mental well-being, the massage uses pressing, bending and stretching techniques which are extremely beneficial for strained joints and stressed muscles.

2. Traditional Thai Massage • 55/ 85 min **THB 1,300/ 1,700**

You will be in your own mini paradise with relaxing background music, the smells of aromatherapy and caring therapists making this a very comfortable, calming and powerful therapy.

3. Pra Kob Massage **THB 2,100/ 2,600**
(Thai massage + herbal hot compress) • 85/ 110 min

This full body Thai massage includes the added benefit of a Thai herbal compress which stimulates blood circulation and eases muscle soreness. This uses techniques which are centuries old and will leave you with a deep feeling of relaxation.

4. Wana Retreat Massage • 85/ 110 min **THB 2,400/ 2,650**

This is Wana Spa’s advanced “ Signature Massage “ ending with a Thai herbal compress. It will melt away accumulated stress, restore balance and vitality to the body,mind and spirit and lead you to a renewed level of relaxation.

5. Foot Reflexology Massage • 55 min **THB1,300**

Expert compression is used by a caring therapist on specific points in the feet which correspond to individual organs and specific areas of the body. By doing this it helps to re-balance and harmonize the body and enhance circulation.

Aromatic Oil Massages

Lose yourself in therapeutic bliss with caring and expertly delivered aromatherapy massage.

6. Wana Signature Massage • 55/ 85 min **THB 1,800/ 2,400**

This is a our Signature massage that is “A Must”

A synergy blend of therapeutic healing techniques East meet west that assures tension release, circulation enhancement and overall wellness by working on specific pressure points combined with soothing and relaxing.

7. Aromatherapy Massage • 55/ 85 min **THB 1,800/ 2,400**

Treat yourself to an extremely gentle therapeutic massage providing total relaxation. Choose from our blends of pure essential oils to calm your body, mind and spirit. This treatment also includes the application of gentle facial acupressure and head massage to conclude the treatment.

8. Swedish Massage • 55/ 85 min **THB 1,800/ 2,400**

Oil is used to facilitate the stroking and kneading of the body, thereby stimulating the metabolism. The active and passive movements promote general relaxation, improved circulation and muscle tension relief.

9. Deep Tissue Sport Massage • 85 min **THB 2,450**

A treatment for everyone who loves a deeper massage, with firmer massage techniques applied. More forceful pressure is applied through use of a forearm and elbow slide with firm but smooth long strokes upon the body to help release chronic muscle tension.

10. Office Syndrome Massage (upper body only) • 55/85 min **THB 1,800/ 2,400**

Focus is solely on the back, neck, head and shoulders and is a quick way to relieve both stress and body tension.

11. Back Stress Relief Massage • 25 min **THB 950**

This is a perfect treatment to try should you want specific back relief. A short but powerful treatment it will relieve aching knots and release blocked energy.

12. Healing Hot Stone Massage • 85/110 min **THB 2,600/ 3,200**

Water-treated stones are meticulously placed on parts of the body to promote relaxation and to help open the meridians of the body to increase energy. The heated stones allow the muscles to be easily manipulated assisting the release of toxins and improving circulation.

13. Shiro Indian Head Massage • 25/ 55 min

THB 950/ 1,550

This treatment strives to restore balance and harmony by working on the 3 chakras. Excellent for insomnia, increased circulation to the head, while serving to improve memory and promote clear thinking.

14. Expectant Mother Massage • 55 min

THB 1,900

This gentle, massage is specifically designed for the expectant mothers (more than 4 months pregnant)

Exfoliating Body Treatments

Experience the rejuvenating qualities of our natural ingredients to renew your skin and indulge your senses. Each treatment will uniquely nourish, exfoliate, detoxify and hydrate your body.

1. Andaman Sea Salt Scrub • 55 min

THB1,700

A combination of natural sea salt blended with Aromatic oils to exfoliate dead skin cells for enhanced absorption.

2. Phi Phi Coconut Scrub • 55 min

THB 1,800

Enjoy a scrub with natural mixtures of coconut, honey, turmeric and yoghurt to remove lackluster skin cells. Follow this by using yoghurt to soften and cleanse and you will leave feeling fresh with healthy, glowing skin.

3. Rejuvenate Radiance Scrub • 55 min

THB 1,800

Experience a scrub made of Thai herbs mixed with oatmeal and honey followed by the gentle application of a lotion to sooth body and mind.

4. Coffee Detox Scrub • 55 min

THB 1,700

Ideal for removing dead skin cells and improving skin texture for normal to oily or rough skin. The organic ground coffee and caffeine stimulate cell turn over which may also reduce some cellulite.

5. Original Thai Herbal Scrub • 55 min

THB 1,700

An ancient Thai treatment, the Thai herbs will exfoliate dead skin cells, stimulates blood flow and eliminate accumulated toxins. It will leave your skin fresh and glowing.

6. Herbal Thai Mud Wrap • 55 min

THB 1,800

Phlai and white mud are natural ingredients with excellent skin purifying properties leaving you brighter and lighter. The sweetness of the Thai herbs ensures a pleasant sensory experience.

7. Soothing 'After Sun' Body Wrap • 55 min

THB 1,800

A combination of aloe vera and fresh cucumber is applied to the body to relieve the pain of sunburn, including an oriental lotion to moisturize and cool the skin surface.

8. Coconut Amarita Treatment • 55 min**THB 2,150**

A combination of natural ingredients blended with fresh coconut and rice flour is applied while your therapist continues to wrap your body in fresh banana leaves. The application of pure honey and yoghurt create a sense of renewed energy which is followed by a gentle massage using a body moisturizing lotion.

9. Jetlag Avoidance Treatment • 85 min**THB 2,400**

Recommended either before or after travel. It begins with a Thai herb infused foot bath followed by a firm back and shoulders massage to reduce tension, relax knotted muscles as well as improving the circulation. It concludes with a relaxing foot and leg massage using a hot towel compress.

10. Refresh and Rebalance Treatment • 110 min**THB 3,000**

A treatment designed to relieve tension from the entire body. Refresh and relax from head to toe with a scrub of finely blended ground coffee beans, followed by an aromatherapy massage.

Luxurious Facial Treatments

With “Jurlique” organic facial products simply close your eyes and open your mind to a world of relaxation as our skin care professionals provide you with the perfect treatment. Head, hand and arm massage is complimentary.

1. Wana Chandra Facial **THB 1,650**
(all skin) • 55 min

A gentle and luxurious facial designed to soothe and nurture sensitive and delicate areas of the face resulting in an uplifting sensory experience.

2. Wana Aromatherapy Facial **THB 2,400**
(all, normal skin) • 55 min

This classic facial provides holistic benefits essential for radiant healthy skin. A cleansing and relaxing facial is performed using aromatherapy preparations personalized for individual skin types and conditions.

3. Wana Deep Cleanse Facial **THB 2,400**
(oily skin) • 55 min

Designed to cleanse deeply and rejuvenate the skin. Exfoliation techniques leave you with a radiant glow. It is an ideal treatment for oily skin.

4. Wana ‘After Sun’ Facial **THB 2,400**
(sunburned skin) • 55 min

Rich in minerals and Aloe Vera to heal, hydrate and soothe, it will diffuse redness and promote a cooling sensation particularly in skin that has been over-exposed to the sun.

5. Wana Anti-Aging & Uplifting Facial **THB 2,550**
(aging or dry skin) • 55 min

Improving elasticity, this luxurious facial increases skin oxygenation and suppleness, and promotes rejuvenation with visible reduction of facial expression lines and wrinkles.

6. Soothing Sensitive Facial **THB 2,400**
(sensitive) • 55 min

A gentle and luxurious facial designed to soothe and nurture sensitive and delicate new skin. Enjoy the uplifting sensory experience of total pampering.

7. Men's Revival Facial • 55 min

THB 2,400

A relaxing yet effective skin booster 'for him' designed to deeply nourish and revitalize tired and dull skin. It immediately erases signs of fatigue and makes way for a more youthful looking face.

8. Concentrated Eye Brightening • 30 min

THB 1,350

Formulated to improve the look of the delicate eye area with a potent concentration of mature ingredients to diminish fine lines and wrinkles plus dramatically reduce dark circles under the eyes. It will also relieve tired eyes.

9. Eye and Face Ultra • 85 min

THB 3,050

A deluxe anti-aging treatment with added firming and toning serums to revitalize the skin, focusing on the eyes, face and neck. A soothing massage and customized mask ensures that you leave looking youthfully radiant having improved the appearance of aging skin.

*** This delivers the ultimate in restoration and relaxation...a complete indulgence ***

His and Hers Package

Treat you and your partner to a package of special treatments which will provide you with even more fond memories of your stay with us.

1. A Lover's Caress Package • 2.5 hours

THB 7,450

The best value package designed for a couple in love who wish to experience and enjoy a spa treatment on the Island together.

- Private Milky Jacuzzi (30 min)
- Phi Phi Coconut Scrub (60 min)
- Aromatherapy Relaxing Massage (60 min)

2. Bliss Package • 3 hours

THB 10,850

Specially designed to soothe stressed minds and recharge weary bodies for both of you. Allow our therapists to offer a haven of peace and quiet and leave the cares of the world behind.

- Floral Foot Bath (15 min)
- Back Stress Relief Massage (30 min)
- Healing Hot Stone Massage (85 min)
- A choice of Facial Treatment (50 min)

3. Paradise Honeymoon Package • 4 hours

THB 11,450

A perfect full spa experience for honeymooners or lovers in the privacy and tranquility of your own villa. Allow your therapists to work their magic to fully rejuvenate and instill a sense of wellness for a truly memorable experience.

- Herbal Steam /Sauna & Milky Jacuzzi (60 min)
- Coconut Amarita Body Treatment (60 min)
- A choice of Aromatic Oil Massage (60 min)
- A choice of Facial Treatment (60 min)

4. Customized Spa Day • 4 hours

THB 13,500

The perfect Spa experience you have even had, make your spa wish list as your individual needs so that a unique package can be created just for you .

No experience is ever the same as we take into consideration exactly what you need the most ensure total wellness.

Delightful Spa Package

To feel more relaxed, refreshed and rejuvenated, we recommend you that experience our delightful Spa Package with a complimentary 30 minutes of Thai herbal steam or Sauna.

1. Thai Bo-Raan Package • 2 hours

THB 3,200

To make your holiday in Thailand complete, enjoy a traditional Thai treatment which will leave your skin rejuvenated, smooth and clean. Finish the package with our own unique massage.

- Herbal Steam/ Sauna (15 min)
- Original Thai Herbal Scrub (45 min)
- Wana Signature Massage (60 min)

2. Sidahra Package • 2 hours

THB 3,250

Indulge your senses with relaxing treatments combined to restore and rebuild your body and mind.

- Herbal Steam/Sauna (15 min)
- A choice of Aromatic Oil Massage (60 min)
- A choice of Facial treatment (45 min)

3. Suriya Soothing Package (after sun) • 2 hours

THB 3,250

After your daily adventure around the island has come to an end, come to exfoliate and reduce the pain of skin over exposed to the sun. Excellent for skin repair and cellular rejuvenation.

- Sunburn Soothing Wrap (60 min)
- Wana 'After Sun' Facial Treatment (60 min)

4. Natural Detoxifying Package • 2.5 hours

THB 3,950

Not only does it improve the appearance of the skin by eliminating dead cells and helping new skin to regenerate, it also stimulates blood circulation and the lymphatic system.

- Herbal Steam/ Sauna (15 min)
- Coffee Detox Scrub (30 min)
- Thai Herbal Mud Wrap (45 min)
- A choice of Aromatic Oil Massage (60 min)

Combine a variety of treatments to provide a complete and balanced personalized experience. Our Wana Spa journeys have been specifically designed to offer you choice, depending on your lifestyle.

Wana Spa Day Packages

- **2 Days Package** **THB 3,900**
 - Day 1: A choice of Aromatic Oil Massage 90 min
 - Day 2: Foot Reflexology Massage + Back Massage 90 min

- **3 Days Package** **THB 6,750**
 - Day 1: A choice of body Scrub + Aromatic Oil Massage 90 min
 - Day 2: A choice of Massage 90 min
 - Day 3: A choice of Facial Treatment + Foot Massage 90 min

- **4 Days Package** **THB 8,850**
 - Day 1: A choice of body Scrub + Aromatic Oil Massage 90 min
 - Day 2: Office Syndrome Massage 60 min
 - Day 3: Coconut Amarita Treatment + Head Massage 90 min
 - Day 4: Healing Hot Stone Massage 90 min

- **5 Days Package** **THB 11,000**
 - Day 1: Jetlag Avoidance Treatment 90 min
 - Day 2: A choice of Body Scrub + Traditional Thai Massage 90 min
 - Day 3: A choice of Aromatic Oil Massage + Head Massage 90 min
 - Day 4: Wana Signature Massage 90 min
 - Day 5: A choice of Facial Treatment 60 min

Beauty Service

Nail Care

Classic Manicure

Ladies	700.-
Men	500.-

French Manicure

Ladies	900.-
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Classic Pedicure

Ladies	900.-
Men	700.-

French Pedicure

Ladies	1,000.-
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Nail Polish Change

Ladies (Hands or Feet)	450.-
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Waxing

Ladies / Men

Back	90 min	1,700.-
Bikini (ladies only)	60 min	1,300.-
Full Leg	90 min	1,900.-
Half Leg	60 min	1,100.-
Full Arm	60 min	1,200.-
Half Arm	30 min	900.-
Armpit	30 min	650.-
Upper Lip	30 min	650.-

Flower & Herb Scented Massage Oils

Wana Spa provides, Element massage oils as below :

Champa Massage Oil

Base oil: sweet almond oil / rice bran oil / grape seed oil : skin moisturizer
Michelia alba flower oil: relaxing, de-stress, treating for dry and dehydrated skin

Jasmine Massage Oil

Base oil: sweet almond oil / rice bran oil / grape seed oil : skin moisturizer
Jasmine flower extract: calming, anti-septic, de-stress, treating for dry and dehydrated skin

Lemongrass Massage Oil

Base oil: sweet almond oil / rice bran oil / grape seed oil : skin moisturizer
Lemongrass oil: balancing, anti-septic, skin toning

Ylang Ylang Massage Oil

Base oil: sweet almond oil / rice bran oil / grape seed oil : skin moisturizer
Ylang Ylang oil: calming, de-stress